****Cartersville High School**

**Student Athletic Trainer Application**

**2025-2026**

Name: Date:

Age: Date of Birth: Current Grade Level:

Cumulative Grade Point Average:

Mailing Address:

City: State: Zip:

Home Phone Number:

Cell Phone Number:

E-mail Address:

Father’s Name: Phone:

Mother’s Name: Phone:

Sizes: Polo: T-Shirt: Sweatshirt:

|  |
| --- |
| ***PLEASE ANSWER ALL OF THE FOLLOWING QUESTIONS*** |

What other extracurricular activities are you involved in and will they conflict with this position?

Why would you like to be a student athletic trainer at Cartersville High School?

Does Sports Medicine interest you as a profession after you graduate from high school?

Explain:

What are your plans after you graduate from high school?

Would you be able to participate before and/or after school practices?

How would you rate yourself on the following qualities?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Quality** | **Outstanding** | **Above average** | **Average** | **Needs Improvement** |
| **Attendance** |  |  |  |  |
| **Honesty** |  |  |  |  |
| **Dependability** |  |  |  |  |
| **Initiative** |  |  |  |  |
| **Maturity** |  |  |  |  |
| **Independence** |  |  |  |  |
| **Self-Motivation** |  |  |  |  |
| **Academics** |  |  |  |  |

I certify that all the information on the application is correct to the best of my knowledge. I also understand that I may be removed from the program at any time for poor academics, disciplinary problems, or any other ethical reason that may rise. Upon dismissal, I will need to return all “Sports Medicine” shirts.

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Applicant’s Signature Date Parent/Guardian Signature Date

****Cartersville High School**

**Sports Medicine**

**Dear Parent/Guardian,**

Your son/daughter has expressed an interest in becoming a Student Athletic Trainer (SAT) at Cartersville High School. The Sports Medicine Team is operated through the Health Occupations Students of America organization. As a member of HOSA, students may apply to become SATs. This letter, along with the application, has been provided in order to give you some insight into who we are and what we do as Athletic Trainers.

Your son/daughter will be asked to fill out this application which will require the signatures of both you and your child. This will allow us to check everything in his/her accumulative file in the counselor’s office.

We are looking for students who enjoy helping others, have good work ethic and study habits, have a positive attitude, are highly motivated, and importantly, will be dedicated to the program. He/she must be willing to work some long and hard hours throughout the week and on some weekends according to the athletic schedules.

If your son/daughter is selected to be a part of our Athletic Training Staff, he/she will be recognized and respected. It is not important that your son/daughter have any knowledge about sports. The important thing is that he/she wants to be a part of a unique group of students on campus- who are there to help others. If he/she is thinking of going into the medical field, this would be an excellent opportunity for him/her to get a head start on the career.

Becoming a Student Athletic Trainer can be a fun and rewarding experience for those that become involved with our program. This program will allow your child to not only grow and mature as a person, but will also help him/her to develop his/her communication skills, to learn about responsibilities, time management, and work ethic.

Please take the time to look over and discuss the application with your child and feel free to contact me if you have any questions or concerns.

Sincerely,

Phillip Hardy, MS, ATC, PES

Cartersville High School

Health Science Teacher / Certified Athletic Trainer

phardy@cartersvilleschools.org

**Frequently Asked Questions**

**What is Athletic Training/ Sports Medicine?**

Athletic Training is the prevention, recognition, evaluation, and rehabilitation of athletic injuries.

**Injury Prevention, Recognition, Evaluation, and Rehabilitation of the athlete may include:**

- Prevention: gaining and maintaining maximum physical conditioning for the athletes

- Recognition: learning how to recognize different types of injuries

- Evaluation: learning how to evaluate the severity of an injury

- Rehabilitation: learning rehab techniques to help the athlete recover from an injury

**What are the duties, roles, and responsibilities of the Student Athletic Trainer?**

- Assist the Head Athletic Trainer

- Set up for practices and games; maintain water and PowerAde for all athletes

- Assist in all forms of taping, wrapping, first aid, and rehabilitation in the Training Room under the direct supervision of the Head Athletic Trainer

- Entering daily treatments on the treatment log

- Stocking supplies in the Training Room and emergency kits

**Will I be required to stay after school?**

- During the fall, it will be every weekday during the football season

- After football season, Student Athletic Trainers will cover practices, games, and tournaments as assigned

- Some events require Saturdays and holidays

**What sports are covered?**

- Fall Sports- Cross Country, Football, Softball, and Volleyball

- Winter Sports- Basketball and Wrestling

- Spring Sports- Baseball, Soccer, and Track

**What will I learn as a Student Athletic Trainer?**

- Basic First Aid

- CPR

- Automated External Defibrillator (AED)

- All forms of taping & wrapping

- Medical terminology

- Anatomy

**Is there a cost?**

-Yes, 30.00 dollars to off-set the cost of shirts and sweat shirts

-Plus, Student ATs need to be members of HOSA.

**Can I do this in college?**

- Yes!

- Some colleges and universities assist student athletic trainers with financial aid and scholarships

- You can learn the basics and apply the learned skills and knowledge to prepare for college

- If you want to do this in college, we can assist you into getting into a sports medicine program

**What qualities do you look for in a prospective Student Athletic Trainer?**

- Highly motivated

- Strong academics / maintaining passing grades

- Good works and study habits

- Good conduct

- Exceptional attendance

- Self-discipline

- Desire to help others

- Responsible, dependable, honest, and trustworthy

- Ability to get along with others

- Wants to be a part of a unique athletic organization

- Total commitment to the program

**What happens if I fail a class?**

- Students must maintain at least a 70 or above in any class o If any grade is below a 70, the student must go in for tutoring (Activity Period) for the remainder of the grading period.

o If the student fails at the end of the 6 weeks, the student will be placed on probation for the next 3 weeks. (Academic Probation)

o If the student fails at the end of the 3 weeks, the student will be removed from the program. (Academic Suspension)

Academic Probation: may work practices only, but no games

Academic Suspension: released from program

**IT IS THE STUDENT’S RESPONSIBILITY TO MAINTAIN GOOD GRADES.**

- Grades will be closely monitored.

o Grade sheets

o Email/phone contact with teacher by full-time staff